



## Preliminary Schedule for Indigenous ECHO Canada

- Provided at no cost virtually via Zoom
- Sessions will be held on Mondays, twice monthly (Feb – May 2025) from 7-8:30 PM EST
- Sessions will be 90 mins – 1 hr. case presentation, ½ hr. skills
- Topics will combine wound care with dermatology
- There are skill related assignments for tool kits
- There will be a contract and a requirement to submit one case study based on Wound Bed Preparation 2024

Date	Session Topics	Objectives	Skills Topics
February 10 <sup>th</sup> 2025 7-8:30 PM EST	1. General Skin Care Principles	<ul style="list-style-type: none"> <li>• Explore topical skin care</li> <li>• Differentiate moisturizers, topical steroids and steroid sparing topical agents</li> <li>• Recognize fungal &amp; yeast infections of the skin</li> </ul>	1. Enabler for practice
February 24 <sup>th</sup> 2025 7-8:30 PM EST	2. Wound Bed Prep 2024/Diabetes Management	<ul style="list-style-type: none"> <li>• Assess people with diabetes for high-risk foot</li> <li>• Optimize diabetes control with an emphasis on hemoglobin A1c, and blood pressure</li> <li>• Introduce wound bed preparation as an organized approach to leg and foot ulcer care</li> </ul>	2. Simplified 60 sec screen
March 3 <sup>rd</sup> 2025 7-8:30 PM EST	3. Vascular Assessment	<ul style="list-style-type: none"> <li>• Evaluate arterial circulation with the audible handheld doppler (AHHD) and ABPI</li> <li>• Assess lower leg and foot ulcers for healing ability</li> <li>• Differentiate arterial, venous &amp; lymphatic ulcers</li> </ul>	3. Audible Handheld Doppler

March 24 <sup>th</sup> 2025 7-8:30 PM EST	4. Infection – NERDS/STONEES	<ul style="list-style-type: none"> <li>Evaluate lower leg and foot ulcers clinically for signs of local infection (covert) or deep, and surrounding infection (overt)</li> <li>Assess the utility of bacterial swabs, laboratory investigations and diagnostic imaging in the management of infection</li> <li>Integrate the treatment of infection with clinical monitoring and treatment choices</li> </ul>	4. Infrared Thermometry, NERDS/STONEES mnemonic
April 7 <sup>th</sup> 2025 7-8:30 PM EST	5. Plantar Pressure Redistribution	<ul style="list-style-type: none"> <li>Assess the options for plantar pressure redistribution</li> <li>Evaluate the role of the contact cast versus the removable cast walker made irremovable</li> <li>Relate the use of plantar pressure redistribution to improvement in diabetic foot ulcer healing trajectory</li> </ul>	5. DARCO boot, Plastazote/poron, felt and foam
April 28 <sup>th</sup> 2025 7-8:30 PM EST	6. Atopic dermatitis	<ul style="list-style-type: none"> <li>Summarize stages /clinical features of AD</li> <li>Develop management plan for AD</li> <li>Evaluate differential diagnosis</li> </ul>	6. Enabler for practice
May 12 <sup>th</sup> 2025 7-8:30 PM EST	7. Common infections	<ul style="list-style-type: none"> <li>Review common dermatological infection diagnoses</li> <li>Differentiate therapeutic choices</li> <li>Develop strategies to prevent infections</li> </ul>	7. Enabler for practice
May 26 <sup>th</sup> 2025 7-8:30 PM EST	8. Infestations/Bites/Stings	<ul style="list-style-type: none"> <li>Recognize and treat scabies</li> <li>Evaluate and manage bites and stings</li> <li>Practice prevention including sun protection</li> </ul>	8. Enabler for practice